

A thick black L-shaped frame is positioned on the left and bottom edges of the image, framing the central text.

KITCHEN TIME WITH JUDGE

You **will** be Judged



Kitchen Rules

- No walking with knives
- Clean your knives, keep them sharp
- Use the appropriate knives for the appropriate food
- Keep things clean
- Adjust food based on the taste of others

People not allowed to handle knives

All my
exes

Poke

Carmen



GET YOUR FUCKING SPICES RIGHT DON'T FORGET THE DAMN HERBS

Basic Spices

- Salt (regular)
- Pepper (black)
- Coriander (dried and ground)
- Cummin (dried and ground)
- Paprika (dried, ground, smoked)
- Fresh Garlic
- Ginger (dried and ground)
- Basil (dried and ground)

Non-Basic that you still should fucking get

- Nutmeg (get a grinder for it if possible)
- Garam Masala
- Ginger (Fresh)
- Lemongrass (ground, or fresh)
- Red Peppers
- Bay Leaf (fresh, or dried)
- Cinnamon
- Soy Sauc



Basic Kitchen appliances

- Wooden Cutting Board
- PROPER FUCKING KNIVES
- I fucking hope you have pots and pans, ingrates
- Wooden Spatulas
- A whetstone, don't be stupid people
- Sieve / Colander
- Blender
- Some basic creativity
- Tastebuds, even though some of you have no taste



Expectations

- Being able to cook rice, pasta, the basics
- Able to *properly* cook veggies, none of that soggy mushy pulp
- Being able to make estimates how long something will take
- To not poison me (or yourselves)