

My top existential dreads

...

-Lupus

I will split the topic in two sections

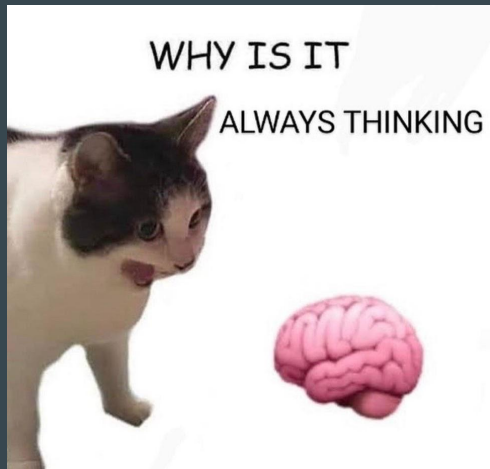
1. Impersonal

- a. I shall rate the pro-s and cons for each one
- b. I will provide some context

2. Personal

- a. Some wider dreads some more personal
- b. Will give more perspective on my depressos and some ideas related to them

Don't take this too seriously, feel free to mute me if needed.



Everything will end

Pros:

1. A classic
2. Inevitable
3. A common idea
4. Makes all else meaningless
5. Affects everyone and everything they care about

Cons:

1. Overused
2. Distant
3. You can't experience non existence
4. Things and people and life exists now and will do so for a long time.
5. Learning this can make people grow strong enough to accept loss as a part of life

Why is the Cat Screaming?



1. Why wouldn't the cat scream
2. If you were smart, you'd be doing the same thing

my daily schedule:

1pm- wake up ☹️



3am- gn



Where???

It's gone

Everything is meaningless

i ordered a happy meal
but I'm still sad...wtf

If the world is just things then
what is there for me to do, to
be, what even is there but these
fleshy robots like me.

What do I do with my
existence, except for suffering?

One always suffers.

Pros:

1. Being lost and disorientated
2. Deep pit that gets deeper the more you dig.
3. Leads to inaction
4. Can justify selfish urges or even pure destructive urges

Cons:

5. Can lead people to find value within the human experience, not anything external.
6. Will make meaning found later even more profound
7. Stereotyped as emo and edgy



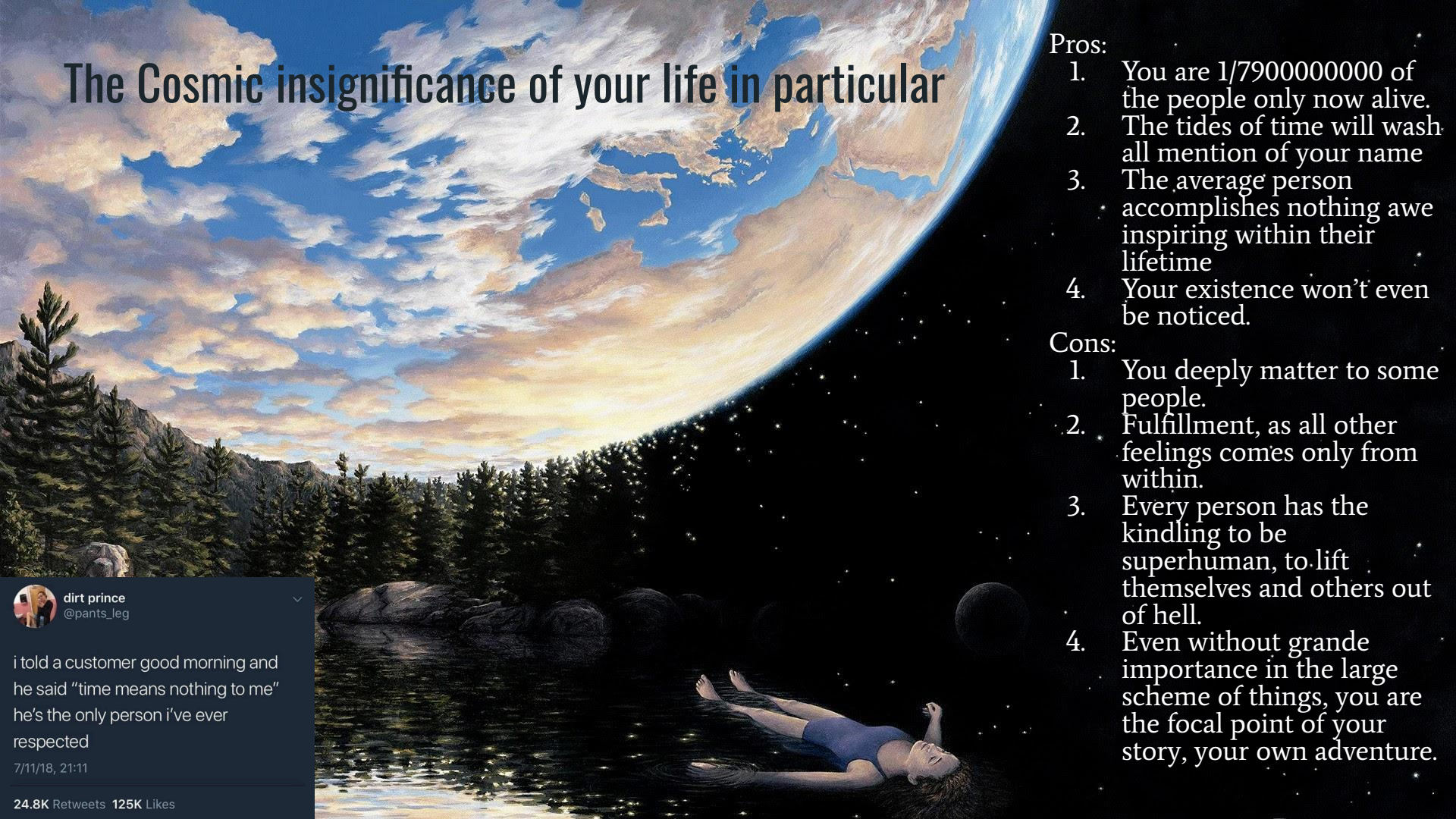
The Cosmic insignificance of your life in particular

Pros:

1. You are 1/7900000000 of the people only now alive.
2. The tides of time will wash all mention of your name
3. The average person accomplishes nothing awe inspiring within their lifetime
4. Your existence won't even be noticed.

Cons:

1. You deeply matter to some people.
2. Fulfillment, as all other feelings comes only from within.
3. Every person has the kindling to be superhuman, to lift themselves and others out of hell.
4. Even without grande importance in the large scheme of things, you are the focal point of your story, your own adventure.



dirt prince
@pants_leg

i told a customer good morning and
he said "time means nothing to me"
he's the only person i've ever
respected

7/11/18, 21:11

24.8K Retweets 125K Likes

The problem of evil

There is evil within the world
There is evil within yourself

If there is a god, he's made such suffering unfairly. If there is not, we live in a world doomed to suffer, truly to exist is to suffer.

Is a world so full of cruelty, suffering and injustice justified in existing?



Pros:

1. Depression
2. Hate towards the world
3. The Everything should just end complex
4. Hate of existence, yourself and making things worse just to spite the world.
5. Evil can be hard to recognize

Cons:

1. There exists good as well
2. One cannot choose the world they're born into, only how they act.
3. Seeing cruelty can make a person stronger and more resolute in trying to do good.

**NORAMLIZE NEVER ENDING
HATRED IN YOUR SOUL**



**ITS OKAY TO NOT FORGIVE
AND TO NEVER FORGET
REMEMBER HOW THEY
DID YOU WRONG FOREVER**

Go. do a crime



cool shark @coolshark14 · 1d
drinkinh my violence Milk it make's me
evil and dangerous



Things to do in Spain

Before we move on to my dreads

How is everyone doing? Does anyone need to say something or take a break. This next part can be a bit much.

1. La siesta

Remember to
eat and drink
something
today!!!



This is the
self care frog

been feeling really
androgenous
recently... like if a man
and a woman had a
baby



29.7K

from speakers V-sauce

from behind you suddenly Michael here

from inside your head what if you were totally defenseless?

The impossibility of navigating a complex world

There are more things in heaven and earth, Horatio,
Than are dreamt of in your philosophy.

Pros:

1. Paralyzing uselessness
2. Feeling of no control
3. Makes one tiny and insignificant, sometimes wanting to crawl under a rock and rot there

Cons:

1. Needs to be thought through to realize
2. Can lead one to grow cautious and wise to their own lack of knowledge and leave them tempered with humility
3. Can be lessened by realising you needn't know everything, only do your best to make the right decisions.



i donbt know

I don't know anything and never will

I know how surface level I know topics

I've never learned how to learn

I fear finding out i'm ignorant and stupid

I will never be able to match the greats of past

anything.

empty



**wow wow yes ya yup
yes yup yup yea yes
yeah yea yup totally
yup yea totally yup
yes I understand yes
yea yup**



Being in a shitty situation is unavoidable, here's mine

Grandparents health:

1. Grandad has cancer
 - a. Stage 4 lung and kidney
 - b. Very likely going to die soon
2. Grandma, great grandma and grandad are basically all alone if i can't go to them
3. Have to keep my distance cause of corona

Military:

1. Increasingly lessening time for my own things
2. Cannot even spend much time w my grandparents.

Feeling incompetent:

1. I feel I know nothing of the things I want to
2. I've never learned how to push myself
3. I feel lost within a world of complexity
4. I feel like i'm horrible at the things I like doing

situation ongoing
it is going on

Nobody:
Anime characters when they
are going insane:



me in my silly little bed



avoiding my silly little tasks



What to do with all this?



@ Is there anything we can do?

every crew got the silly homie with an
air of profound sadness about him

11:59 · 12/16/21 · [Twitter for Android](#)



There are things that can help



@ These are timeless ideas, as such they've been tackled before

i like philosophy that's
obviously just the guy trying to
5d chess his way out of being
suicidally depressed

To live is to suffer

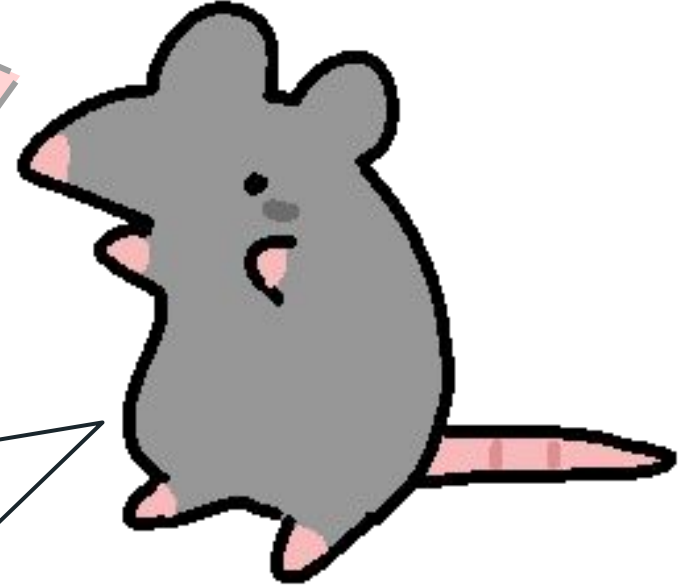
Death comes from life,
Life comes from death.

From within your fears comes the strength to overcome them, to grow and overcome maleficence.

If one turns their inner eye truly upon themselves, not turning away in willful blindness they will see everything within. They will see the evils they commit to themselves by turning their eyes from what's uncomfortable within. Seeing your lesser qualities, you will see a shimmer of what you could become if you faced them.

What you could be If you let yourself know what you knew, if you didn't shut up the higher part of you that gives you grief for knowingly doing the lesser deed.

From sight comes wisdom, from following wisdom comes pain, turning from pain comes suffering, from facing pain willingly comes strength. Wisdom and strength make saints.



But did you ever stop to consider that you might be just as fictional to me as I am to you?

A quote from the inventor of sex

The purpose of life, as far as I can tell... is to find a mode of being that's so meaningful that the fact that life is suffering is no longer relevant.

And if you find it, break what must be broken, once for all, that's all, and take the suffering on oneself.



If I but were like you Alyosha I could forsake suffering as a motive. I would let it fly off with the fluttering wings of songbirds. For what is hell? I maintain that it is the suffering of being unable to love.

At the base of your soul is the conviction that what's worth pursuing is the good. And that, through kindness and humble insight.



Can you counterbalance the suffering?

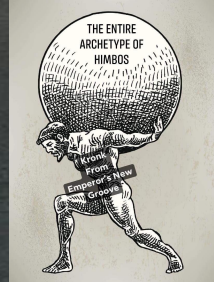
Atlas fought against the gods,
For this he was burdened with the
entire weight of the heavens.

Only a truly herculean character
could bear it on their back willingly without being crushed.

But one cannot be born hercules.
They must defeat and subsume the monsters within.
Carry just as much as they can handle. Then some more.

As one's eyes open to their own existence, seeing their waking will upon the earth, they awaken to their strength. They, who see all the paths ahead and see where their steps would cause the earth to crumble and swallow them up with selfmade hellfire. Those are they who can step with solid footing against the utter chaos and bring forth a spark of divinity. Not the quiet divine of new-born innocence but howling tempest of those who've been through hell and returned to face it.

One cannot help but view Atlas with both awe and horror. The burden of the world is one we all shoulder, it is the highest honor as well as the most heavy of burdens. But it needn't be one shouldered alone, the more people that support the sky, the lighter it gets and the brighter the dawn.



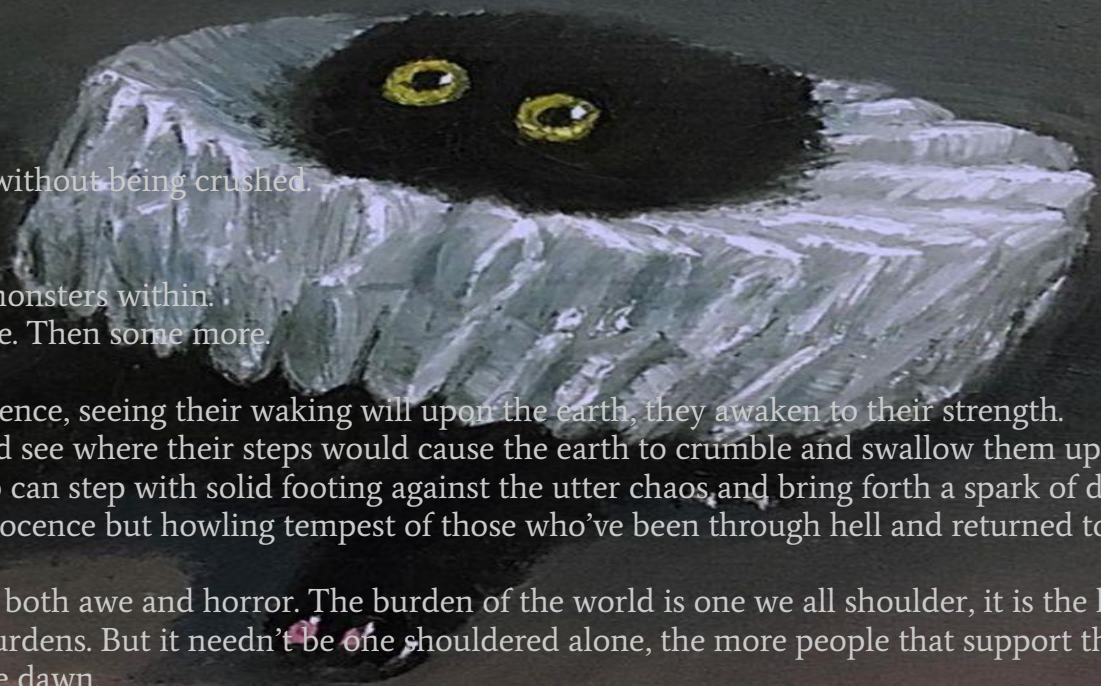
turing-tested

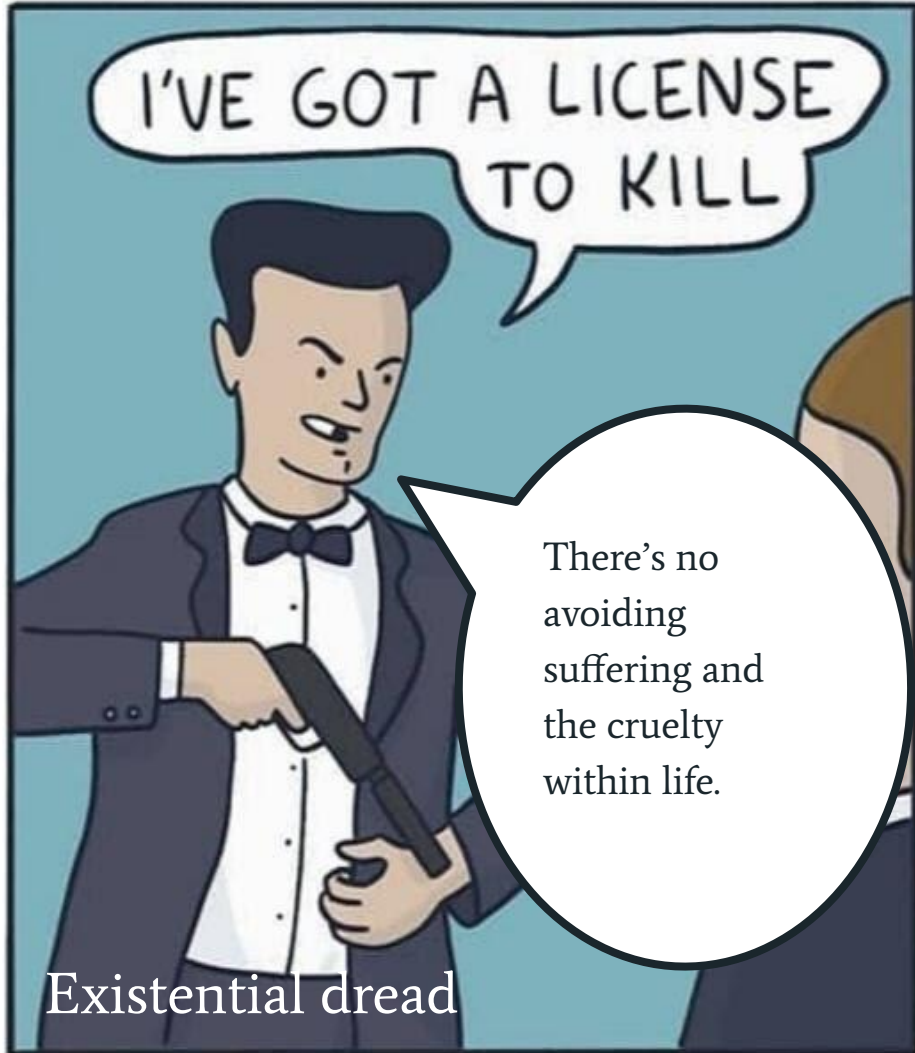
if you dissociate hard enough you can
eavesdrop on conversations you're a part of



turing-tested

i don't remember making this post





I'm sorry for being annoying

Thanks for listening, any questions?

I hope this rambling wasn't too horrible to listen to.

**post this cat when
they least expect it**



It will happen again

Neco_Arc_Editor

Some good sources to look into

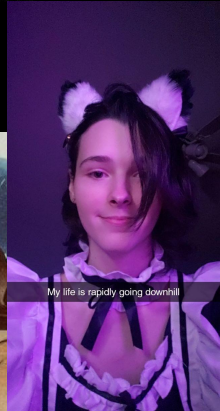
1. Stoicism - Control over one-self and suffering
2. J.B.Peterson - what is meaning, also a great guide into the other subjects
3. Dostoyevsky - The conflict of ideals
4. Albert Camus - absurdism
5. David Goggins- overcoming oneself

"Jesus I only deserve a spoonful of Your everlasting love, forgiveness and infinite mercy."
Jesus:



“Being alive is one of the most difficult things you could be doing right now.”

- Ernie



EVIL PRAGERU BE LIKE



SOURCES DOWN IN THE DESCRIPTION

PragerU.com

